

LIP LIFT (BULLHORN LIP LIFT)

Basic information

Lip Lift is a plastic-surgical procedure in which the lip is naturally enlarged and the unaesthetic distance between the nostrils and the lips, the so-called philtrum, is adjusted. Aesthetically, the ideal distance is 1 - 1.2 cm for women and 1.5 cm for men - measured between the center of the nostrils and the lips (this distance is indicative, the proportionality of the face as a whole is important). The visibility of the upper teeth when speaking or when the mouth is slightly open is another sign of a young and beautiful face. In addition, a greater distance in this area often creates the so-called "tight appearance of pursed lips".

This method is therefore suitable both for older clients, in whom the distance between the nose and lips has increased with age, and for younger clients, who have this longer distance genetically determined. This method naturally enlarges the upper lip, which "birds" with age or is narrow due to genetic predisposition. By shortening the size above the upper lip, we will create a desirable change in the face - the lip and front teeth will be in a more favorable aesthetic position, the upper lip will naturally be slightly enlarged. The overall facial expression will appear more youthful.

Scars after surgery are the result of individual healing, which we cannot influence in any way, as it is a genetic predisposition. After surgery, the scars are pink to red, sometimes hard and numb. However, they gradually mature and become soft and pale. This process takes about half a year. Due to the mimic activity of the muscles in the area of the upper lip, the scar is in some cases wider (in the order of several millimeters). A prerequisite for performing a lip lift is a good and stable overall state of health.

Preoperative instructions

- You can eat and drink as usual on the day of the operation. However, no later than 1 hour before the procedure.
- During the consultation before the planned procedure, inform the doctor or nurse of your allergies and medications that you take regularly! In case of allergy to drugs or chemicals (disinfection), we need to know the allergen-substance that causes your allergic reaction!
- The patient is obliged to report to the plastic surgeon the use of all medicinal and complementary products before the planned operation!
- You must not take medicines containing acetylsalicylic acid at least one month before the operation. This affects blood clotting negatively and could then cause postoperative bleeding! They are, for example: Acylpyrin, Acylkofin, Aspro, Alnagon. At least one month before surgery, you must not use enzymatic preparations such as Wobenzym, Phlogenzym and high doses of vitamin C in preparations, also because of postoperative bleeding!
- Come to the operation without make-up, artificial eyelashes and without jewellery. All of the above can be a source of infection and complicate wound healing after the procedure.
- Come to the surgery in comfortable clothes and shoes, for easy dressing and putting on shoes after the procedure.
- Do not smoke before the procedure and 6 weeks after the procedure! Smoking greatly slows down and complicates wound healing!
- Arrange transportation after the procedure. Don't drive yourself! Surgical performance, procedure and scar care The surgical procedure itself takes about 45 minutes. Non-absorbable stitches are usually removed after the procedure in 7 days. We will arrange the date of the first inspection and the removal of the stitches immediately after the operation in our reception. Clients from abroad or from far away can arrange to have stitches removed in a surgical clinic at their place of residence.

The operation is preceded by admission to the outpatient clinic, signing of the contract and informed consent, payment of the procedure, interview with the doctor and nurse, taking of a photograph before the procedure.

The patient comes to the hall in his underwear and disposable underwear (surgical gown, head cover, slippers). Before the procedure, the surgeon measures and draws the boundaries of the incisions on the skin. Both the doctor and the nurse inform the patient about the actions they are currently performing and are about to perform during the operation. This is followed by disinfection of the face and application of local anesthetic by injection method and a painless procedure in which the doctor removes the excess skin and stitches the wound. The scars are hidden in the furrows of the nostrils. The wound is covered with strips and a sterile dressing. After the operation, the patient is discharged with an escort to home care.

Postoperative period

For the first 3 days after the operation, observe a rest regime, sleep on your back, do not tilt your head forward, normal activities are possible. Showering is possible two days after the procedure. Softer and non-irritating food is suitable, for example a chilli burger is not suitable. Protection against UV radiation, watch out for strong frosts. For the first 3 days after the procedure, expect sensitivity to soreness around the wound, take common analgesics according to their dosage in the package leaflet. After the procedure, expect swelling and bruising in the area of the nose and lips, which usually lasts for 7 days. You can remove the sterile covering (squares) as early as the second day after the procedure. Leave the strips on the wound as long as possible, they will last 3-5 days. To speed up healing and reduce swelling, we recommend cooling compresses. Gel pads, cooling decoctions of rapeseed, poultices made of frozen peas, which you put in small bags. Do not put them directly on the skin, but under a thin fabric. Swelling and bruising in the postoperative period are normal and often present. These phenomena appear as a normal reaction to surgery even with the utmost care and caution of the operator. Normal make-up is possible 10-14 days after the procedure.

Date:

Client's signature:

Doctor's signature:

Client's signature: