

Informed consent and instruction of the patient about the procedure Plastic surgery for nose surgery (Rhinoplasty)

Client:

Birth number (for foreigners, passport number and date of birth):

Residence:

Tel./e-mail

(hereinafter also "Client")

Dear Madam, dear Sir,

we are glad that you have chosen Premier Clinic . The entire team of our clinic is ready to do everything to ensure that the operation turns out to your full satisfaction. We hope that the combination of state-of-the-art equipment and procedures, the surgical skill of our doctors, the professionalism and dedication of our nurses will help turn your aesthetic or health problem into the joy of the subsequent result. We wish you a pleasant stay at our clinic.

Principle of operation:

With the help of this procedure, it is possible to correct both soft and bony parts of the nose, to correct its unfavorable shape, size or to correct the disproportion of individual parts of the nose.

How the operation takes place:

Nasal surgery is a procedure that is always performed under general anesthesia. Using an incision in the vestibule (inside) of the nasal passages, we mobilize the skin cover over the entire surface of the nose. In exceptional cases, it is necessary to make an auxiliary incision in the middle part between the nasal passages (base columella) in order to better access the skeleton of the nose (so-called open rhinoplasty) , or on the inner edge of the eyebrows to narrow the nasal root.

The surgeon also uses fine tools to shape the skeleton of the nose and its soft parts, it also carries the nasal hump, reduces the apical cartilage, shortens the nose overall and reduces lateral osteotomy. At the end of the procedure, after suturing the wounds in the vestibules of the nasal passages, the nose is fixed with a plaster plate, and a nasal tamponade is introduced into the nasal passages.

Possible complications after the procedure

There is no surgical procedure that cannot cause complications.

Complications during the operation are very rare, but despite great caution and technically correct execution, certain complications may occur during it or in the postoperative period .

- after the operation, there are often bilateral, very pronounced swellings and hematomas (bruises) around the eyes, which resolve spontaneously within 14 days after the operation;
- the transient decrease in sensitivity of the upper lip, nasal skin and nasal mucosa disappears spontaneously within a few weeks;
- temporary deterioration of nasal patency due to swelling of the nasal mucosa, exceptionally due to the formation of hypertrophic scars;
- infection at the site of the surgical wound is a very rare complication, which, however, can cause slow healing of the surgical wound and the formation of a hypertrophic scar, exceptionally, it can also subsequently deform the nasal skeleton;
- even with a longer time interval from the operation, there may be occasional swelling, redness (especially when the temperature changes), and sometimes a temporary deterioration in patency caused by swelling of the mucosa;
- Healing after nose surgery is a long-term thing and complete stabilization will take place only after a few months (even 5 months and longer).

The patient is obliged to:

PC Healthcare s.r.o.
Jungmannova 26/15, 110 00 Prague 1
IČO: 19822634

Client's signature:

Inform the treating physician about all past and current illnesses, allergies, and medications used (especially medications that affect blood clotting and bleeding).

How to behave after the procedure:

Regular follow-up after the procedure and strict adherence to home postoperative care are part of it and are therefore important for a good healing process. The following principles must be observed:

- postoperative calm (at least a week) is a very important condition for good healing, during sleep the position with a raised head or sitting is advantageous;
- cooling of the operated area reduces the formation of swelling;
- do not drink alcohol, do not smoke !;
- just carefully wipe the nose around, do not adjust, do not remove the plaster plate spontaneously, it will be removed according to the doctor's decision (usually within 14 days), after removing the tamponade (usually 2-3 days) you can very carefully clean your nose with damp cotton swabs;
- do not exercise for the first 6 weeks after the operation and avoid increased physical exertion;
- after removing the plaster, it is possible to gently treat the skin of the face with a moisturizing cream;
- for the correct result, it is **very important to** perform postoperative massages according to the surgeon's instructions - the massage technique will be clearly shown to you.

If you have any problems or questions after the procedure, do not hesitate to contact us immediately, only your attending physician will give you the best and targeted advice.

For hospitalization, please bring:

- the results of the preoperative examination, which must not be older than 14 days, you cannot be admitted to the operation without presenting this examination ;
- ID card and health insurance card;
- **medicines you normally take - hand these medicines over to your inpatient nurse and they will be given to you so as not to interfere with the effect of the medicines given in connection with the operation;**
- the toothbrush, cosmetics and hygiene products you use;
- You will receive everything else (food, drinks, clothing, shoes, bathrobe, towel, fun reading, etc.) from us.

Please follow these instructions before the procedure:

- perform thorough personal hygiene in the evening and in the morning before the procedure, if there is hair in the operated area, remove it gently;
- shorten at least one nail (index or middle finger) on the non-dominant hand;
- arrange an escort with an escort on the expected day of release , if this is not in your power, we will arrange a taxi for you.

Please follow the instructions before general anesthesia carefully - see "Recommendations before general anesthesia" for anesthesiologists.

In case of any ambiguity or deviation in the result of the preoperative examination, both the operating doctor and the anesthesiologist reserve the right to withdraw from the procedure, which is from the aesthetic indication, even on the day of the procedure. The procedure can be postponed, if possible, only after the client's medical compensation.

Informed consent to the operation:

About my plastic nose surgery, about the method of the procedure, type of anesthesia, hospitalization, the course of healing, the expected result and possible complications, as well as about the price of the procedure and other procedures related to the procedure, MUDr. during an interview on: sufficiently informed and answered all the questions I asked. I have no further supplementary questions and I feel sufficiently informed. Voluntarily and after a sufficient period of reflection, I decided to undergo the planned procedure.

I have been acquainted and I agree according to the type of procedure with the need for preoperative examination.

In order to perform the said operation, I **agree with the proposed hospitalization.**

From a medical point of view, I **agree with the necessary measures** requiring possible further intervention in case of unexpected complications, the possible financial compensation of which I am able to pay.

At the same time, I confirm that in the event of unexpected complications requiring urgent further intervention to save my life or health, I agree to perform all other necessary and urgent procedures to save my life and health, I also confirm that I agree to the possible administration of blood. transfusion.

In the event that I do not have health insurance in the Czech Republic, I agree that from a medical point of view to the necessary measures in case of unexpected complications, such as. Further hospitalization in a specialized department and also with full financial reimbursement of hospitalization and other procedures relating thereto.

PC Healthcare s.r.o.

Jungmannova 26/15, 110 00 Prague 1

IČO: 19822634

Client's signature:

I agree / I do not agree that these people should be informed about my health
(name, surname, relationship to the patient):

.....

I agree / Disagree with the publication of the results of procedures in the form of photo documentation for presentation or educational purposes:

- for internal use
- publication on the website

At the same time, the client gives his explicit consent to the processing and storage of his personal data for the needs of the Clinic. The Client and the Clinic expressly agree that all mutual legal relations are governed by Czech law. The participants undertake to always try to resolve any disputes by agreement. In the event that the parties fail to resolve these matters by agreement, the Client and the Clinic agree on the jurisdiction of the Czech courts in case of a dispute resolved by a court, provided that the competent court resolves all disputes arising under this agreement or other contractual relations between the Client and the Clinic. competent general court, determined according to the seat of the Clinic.

Date:

Client's signature:

Doctor's signature: